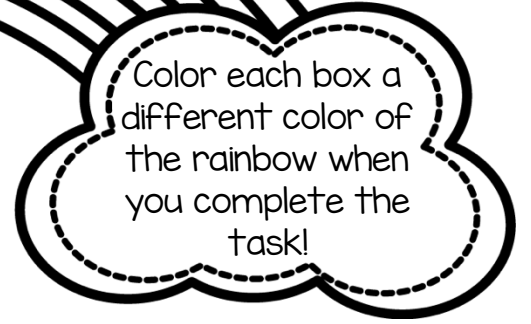


RAINBOW BINGO



Write/draw your feelings	Work together to complete a puzzle	Play a board game	Call a family member
Write a letter to a friend that you miss	Take 5 deep breaths	Give someone a compliment	Problem solve during a story
Play a board game together	Work together to build something	Rainbow breathing: use your finger to trace the rainbow	Do something kind for someone
Make somebody smile	Hug a stuffed animal	Make a sensory bottle/glitter jar	Make a card for a friend or family member