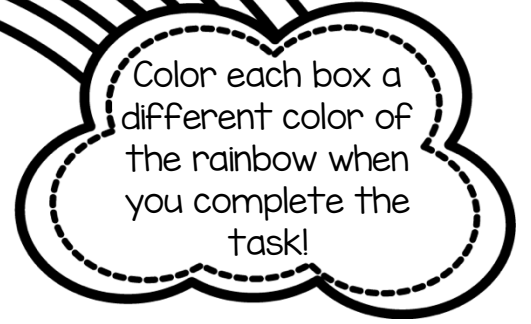


RAINBOW BINGO



Try a new healthy snack	Play outside	Do stretches	Play "Simon Says"
Do 10 jumping jacks	Prepare a healthy meal with your family	Do yoga	Try a new fruit
Make up a new game/sport	Sing a song while you wash your hands	Play hop-scotch	Go for a walk outside
Play catch outside	Make up a dance to your favorite song	Try a new vegetable	Do a Go Noodle!