






December Morning Snack





Sat/ Sun	Mon	Tue	Wed	Thu	Fri
1	2 Corn Flakes & Milk	3 Waffles & Milk	4 Muffins & Milk	5 Toast w/ Jelly & Milk	6 Surprise Snack w/ Milk
7/8	9 English Muffins & Milk	10 Muffins & Milk	11 Bran Flakes & Milk	12 Pancakes & Milk	13 Surprise Snack w/ Milk
14/15	16 Toast w/ Butter & Milk	17 Cheerios & Milk	18 French Toast Sticks & Milk	19 Muffins & Milk	20 Surprise Snack w/ Milk
21/22	23 Muffins & Milk	24 Pops Cereal & Milk	25 	26 	27 Surprise Snack w/ Milk
28/29	30 Rice Krispies & Milk	31 Muffins & Milk		2 English Muffins & Milk	3 Surprise Snack w/ Milk

****SURPRISE snack is a combination of TWO of the four food groups: GRAIN, FRUIT/VEGGIE, PROTEIN, DAIRY****



December Afternoon Snack



Sat/ Sun	Mon	Tue	Wed	Thu	Fri
1	2 Oranges & Milk	3 Multi-Grain Rice Cakes & Milk	4 Tortillas w/ Salsa & Milk	5 Chex & Cheese & Milk	6 Surprise Snack w/ Milk
7/8	9 Wheat Crackers & Milk	10 Apples & Milk	11 Saltines & Cheese & Milk	12 Caramel Rice Cakes & Milk	13 Surprise Snack w/ Milk
14/15	16 Cheddar Rice Cakes & Milk	17 Cheese Its & Milk	18 Sun Butter & Tortilla Roll-ups & Milk	19 Ritz Crackers & Milk	20 Surprise Snack w/ Milk
21/22	23 Oyster Crackers &/or Raisins & Milk	24 ACADEMY CLOSES AT 1PM	25 <i>Merry</i> CHRISTMAS 	26	27 Surprise Snack w/ Milk
28/29	30 Apple Cinnamon Rice Cakes & Milk	31 ACADEMY CLOSES AT 1PM		2 Goldfish & Milk	3 Surprise Snack w/ Milk

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